



Notes:

Nowy Targ - Kowaniec - Zadział - Klikuszowka - Grel

Workout summary

Username	mati
Activity	Cycling
Route	
Start time	07.05.08 18:12
Duration	38 min 57 s
Distance	10.8 km
Speed (average)	16.7 km/h km/h
Speed (max)	163 km/h km/h
Pace (average)	3 min 36 s per km
Pace (max)	22 s per km
Altitude (min)	63.7 m
Altitude (max)	76.35 m
Step count	0
Heart rate (manual)	

Workout profile

